



**UNIT MERINYU ELEKTRIK**  
**ELECTRICAL INSPECTORA TE UNIT**

**FIRST AID COURSE**

The First-aid course contents shall comply to the Department of Occupational Safety and Health (DOSH) approved syllabus with the duration of the training sufficient for trainee to understand the concepts and demonstrate their ability to perform first-aid procedures.

<b>FIRST AID COURSE CONTENTS</b>							
<b>A. BASIC LIFE SUPPORT</b>							
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<b>B. FIRST AID/BASIC TRAUMA LIFE SUPPORT</b>							
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ABC)</b>             4) <b>PATIENT ASSESSMENT</b>               x Identifying life treating conditions - shock, chest injury, internal injuries, chest injury, etc.               x Managing injuries based on priority               x Communication to the health care provider               x Rapid Assessment (head to toe)             5) <b>MANAGEMENT OF SPINAL INJURY</b>               x Identifying spinal injuries               x Care of the injured victim               x Immobilization and transportation             6) <b>MANAGEMENT OF MEDICAL SHOCK</b>               x Type of shock               x Identifying shock (sign and symptom)               x Treating shock (first aid)             7) <b>MANAGEMENT OF FRACTURE (INCLUDING AMPUTATION)</b>               x Identifying fracture (sign and symptom)               x Type of fracture (closed and open)               x Immobilization of fracture (upper limb, lower limb and extremities)         </td> </tr> </tbody> </table>	THEORY	1) <b>INTRODUCTION TO FIRST-AID</b> – Definitions and requirements  2) <b>INTRODUCTION TO BASIC ANATOMY</b> x Musculoskeletal system x Central nervous system  3) <b>INTRODUCTION TO BASIC EMERGENCY PRINCIPLES (DR. 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The Institutions providing training on First-Aid course in accordance with the “Guidelines on First-Aid in the Workplace” (2<sup>nd</sup> Edition) namely:

- i. Institutions under Ministry of Health;
- ii. Hospitals under Ministry of Education;
- iii. National Institute of Occupational Safety and Health (NIOSH);
- iv. Malaysian Red Crescent Society;
- v. St. John Ambulance, Malaysia; and
- vi. Any Institutes which conduct the Course with certificates issued by Malaysian Red Crescent Society or St. John Ambulance, Malaysia.